

Herts County Rankings - 2009

Under 13 Girls

75 Metres

10.2	A	Braithwaite	HPx
10.5	E	Slater	HPx
10.6	H	Williams	HPx
11.0	D	Lee	HPx
11.1	E	Clarke	StA
11.7	C	Rutherford-Hughes	StA
11.8	L	Nofer	StA
11.9	J	James	StA

100 Metres

13.1	A	Braithwaite	HPx
13.12	S	Keeble	SNH
13.33 w	E	Slater	HPx
13.6	E	Slater	HPx
13.7	A	Tudman	Bar
13.8	H	Williams	HPx
13.9	D	Lee	HPx
14.0	D	Gaisford	D&T
14.0	G	Chester	WatH
14.2	Lo	Phillips	SNH
14.2	J	Haill	D&T
14.2	E	Clarke	StA
14.2	C	Rutherford-Hughes	StA
14.2	E	Welch	Bar
14.3	E	Winsala	D&T
14.38	E	Cervi	SNH
14.5	M	Sykes	StA
14.8	Z	Raja	D&T
14.8	O	Corran	Bar
14.9	R	Pickard	SNH
14.9	J	James	StA
14.9	M	Breen	HPx
15.0	Lo	Guest	D&T
15.0	M	Baker-Simmons	HPx

150 Metres

20.5	A	Braithwaite	HPx
20.6	E	Slater	HPx
21.9	E	Clarke	StA
22.1	A	Young	HPx
22.5	C	Rutherford-Hughes	StA
23.0	J	James	StA
23.3	L	Nofer	StA

200 Metres

25.9	A	Lence	SNH
27.78	S	Keeble	SNH
28.41	E	Slater	HPx
28.9	M	Breen	HPx
28.9	A	Braithwaite	HPx
29.1	E	Cervi	SNH
29.1	J	Haill	D&T
29.1	C	Rutherford-Hughes	StA
29.1	E	Welch	Bar
29.1	G	Chester	WatH
29.1	H	Williams	HPx
29.3	M	Sykes	StA
29.4	D	Lee	HPx
29.5	E	Clarke	StA
29.5	H	Rudman	Bar
29.7	D	Gaisford	D&T
29.7	E	Winsala	D&T
29.8	Lo	Phillips	SNH
30.55	L	Owler	StA
30.6	L	Dicks	StA
30.72	S	Bentley	WatH

31.4	L	Varnham	WatH
31.8	J	James	StA
31.9	O	Curran	Bar
31.9	S	Aksie	Bar

600 Metres

2:03.0	Z	Benton	HPx
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800 Metres

2:31.37	D	Murphy	SNH
2:31.6	M	Breen	HPx
2:34.30	E	Cervi	SNH
2:38.6	J	Hail	D&T
2:39.7	Lo	Varnham	WatH
2:40.10	S	Bentley	WatH
2:40.8	L	Parry	HPx
2:42.9	J	Latchford	SNH
2:43.4	E	Ponder	HPx
2:44.4	M	Sykes	StA
2:45.2	P	Bailey	StA
2:45.4	C	Rutherford-Hughes	StA
2:47.3	L	Economu	WatH
2:48.40	M	Doran	SNH
2:49.3	E	Slater	HPx
2:49.77	Lo	Herridge	Bar
2:50.4	S	Keeble	SNH
2:50.6	M	McMunn	D&T
2:51.1	D	Gaisford	D&T
2:51.5	J	Davis	WatH
2:52.0	H	Rudman	Bar
2:52.9	A	Boake	D&T
2:53.5	H	Smith	Bar
2:53.9	C	Berry	D&T
2:54.0	R	Pickard	SNH

1200 Metres

4:11.8	L	Parry	HPx
4:26.7	P	Bailey	StA
4:28.0	E	Baker	HPx
4:36.5	V	Pritchard	StA
4:37.1	L	Eckley	StA
4:46.1	C	Brookes	StA
4:50.9	C	Wilde	StA
5:09.7	A	Townend	StA

1500 Metres

5:19.2	E	Parry	HPx
5:20.9	V	Pritchard	StA
5:22.0	D	Murphy	SNH
5:31.3	M	Breen	HPx
5:35.8	J	Latchford	SNH
5:36.1	L	Varnham	WatH
5:36.7	L	Economu	WatH
5:39.9	S	Bentley	WatH
5:42.4	L	Edwards	StA
5:49.5	E	Baker	HPx
5:50.4	I	Found	HPx
5:58.5	S	Feely	SNH
5:59.0	O	Hazell	SNH
6:00.1	A	Found	HPx
6:06.6	E	Hore	HPx
6:08.7	B	Curran	D&T
6:09.6	L	Herridge	Bar
6:13.1	C	Dearman	WatH
6:25.8	R	Pickard	SNH
6:33.6	M	Zaver	HPx
6:45.8	P	Boyd	D&T
6:57.5	C	Bott	SNH

70 Metres Hurdles

12.0	A	Young	HPx
12.4	S	Bentley	Wat.
12.8	L	Nofer	StA
13.0	J	James	StA
13.3	L	Guest	D&T
13.6	L	Dicks	StA
13.6	L	Economu	Wat.
13.7	M	Baker-Simmons	HPx
13.8	Lo	Phillips	SNH
14.0	T	Proctor	HPx
14.1	E	Ward+C213s	SNH
14.1	N	Chaytor	HPx
14.5	C	Bott	SNH
14.5	R	Pickard	SNH
14.5	B	Curran	D&T
14.7	C	Courquin	D&T
14.8	P	Durrant	D&T
15.0	E	Cervi	SNH
15.1	S	Feely	SNH
15.1	D	Lambert	D&T
15.1	G	Wells	D&T
15.3	F	McQuire	Wat.
15.6	K	McRoy	SNH
15.7	E	Parry	HPx
15.9	L	Phillips	SNH

4 x 100 Metres Relay

56.2	Herts Phoenix
58.2	Stevenage & N.H.
58.7	Watford Harriers
59.2	St Albans

High Jump

1.45	L	Dicks	StA
1.40	S	Keeble	SNH
1.31	R	Pickard	SNH
1.30	A	Townend	StA
1.28	E	Welch	Bar
1.27	L	Guist	D&T
1.25	K	McRoy	SNH
1.25	E	Winsala	D&T
1.25	H	Segian	StA
1.25	G	Chester	WatH
1.25	S	Bentely	WatH
1.25	D	Sommerville	HPx
1.21	E	Ward	SNH
1.20	G	Plescence	D&T
1.20	C	Bott	SNH
1.20	A	Slater	HPx
1.20	M	Baker-Sommonds	HPx
1.18	J	Hall	D&T
1.15	C	Berry	D&T
1.15	H	Rudman	Bar

Long Jump

4.89	S	Keeble	SNH
4.55 w	D	Lee	HPx
4.27	D	Lee	HPx
4.21	D	Gaisford	D&T
4.20	E	Clarke	StA
4.17	L	Guest	D&T
4.17	O	Curran	Bar
4.14	L	Economu	WatH
4.06	E	Welch	Bar
4.04	E	Cervi	SNH
4.00	A	Young	HPx
3.97	R	Pickard	SNH

3.96	C	Rutherford-Hughes	StA
3.95	H	Rudman	Bar
3.94	L	Dicks	StA
3.87	G	Chester	WatH
3.80	E	Hughes	StA
3.79	F	McQuire	WatH
3.76	E	Slater	HPx
3.74	E	Ward	SNH
3.74	S	Bentley	WatH
3.70	C	Courquin	D&T
3.67	P	Love	HPx
3.64	J	Hail	D&T
3.62	M	Duran	SNH
3.60	Lo	Phillips	SNH
3.60	A	Townend	StA
3.60	S	Cowler	HPx

Shot

8.37	A	Townend	StA
6.86	E	Ward	SNH
6.78	M	Breen	HPx
6.76	Z	Benton	HPx
6.06	E	Winsala	D&T
6.01	C	Brookes	StA
6.00	K	Brooks	StA
5.87	I	Copley	StA
5.73	K	McRoy	SNH
5.57	C	Courquin	D&T
5.52	L	Varnam	WatH
5.47	G	Wells	D&T
5.42	L	Nofer	StA
5.35	B	Wilde	StA
5.27	A	Braithwaite	HPx
5.18	A	Freeman	HPx
5.16	J	Hail	D&T
5.01	C	Berry	D&T
5.00	S	Bentley	WatH
4.92	D	Murphy	SNH
4.81	T	Proctor	HPx
4.70	L	Parry	HPx
4.67	C	Griffiths	WatH
4.59	S	Keeble	SNH
4.59	S	Feely	SNH
4.44	E	Carvi	SNH
4.42	M	Doran	SNH
4.19	R	Pickard	SNH

Discus

21.65	A	Townsend	StA
18.59	M	Doran	SNH
17.00	I	Copley	StA
15.46	F	McQuire	WatH
15.03	G	Wells	D&T
14.81	B	Curran	D&T
13.70	L	Parry	HPx
13.29	P	Boyd	D&T
12.80	A	Young	HPx
12.06	La	Phillips	SNH
11.88	J	Latchford	SNH
11.79	E	Cervi	SNH
11.34	Lo	Phillips	SNH
10.94	B	Wilde	StA
7.99	C	Rutherford-Hughes	StA
5.20	M	Bishop	HPx

Javelin

20.19	S	Bentley	WatH
16.29	B	Wilde	StA
12.01	L	Parry	HPx
11.74	S	Feely	SNH
9.01	E	Trehearn	HPx

7.67	C	Bott	SNH
5.44	A	Lence	SNH

Pentathlon

1744	S	Bentley	WatH
1516	H	Rutman	Bar
1486	L	Guest	D&T
1461	J	Hail	D&T
1455	E	Carvi	SNH
1437	E	Ward	SNH
1404	D	Murphy	SNH
1383	C	Courquin	D&T
1299	B	Curran	D&T
1227	K	McRoy	SNH